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Bukhari, Syed A.; Mcgee, Ryan; Mahdavi, Amirhossein; Bensebaa, Farid; Zhou, Liang; Chung, Hyun-Joong; Thundat, Thomas; Goswami, Ankur

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#### **Publisher's version / Version de l'éditeur:**

<https://doi.org/10.1002/aelm.202100819>

*Advanced Electronic Materials*, 2021-12-22

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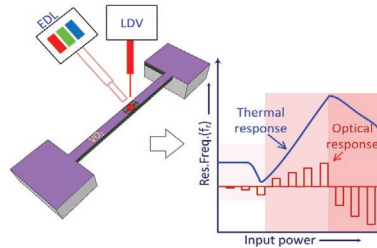
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S. A. Bukhari,\* R. McGee, A. Mahdavi,  
 F. Bensebaa, L. Zhou, H.-J. Chung,  
 T. Thundat,\* A. Goswami\* ..... 2100819

**Photoinduced Multistable Resonance  
 Frequency Switching of Phase Change  
 Microstring at Room Temperature**



Photoinduced insulator to metal transition in phase change microstring resonator demonstrates multiple stable mechanical frequencies at room temperature at extremely small excitation. This frequency response can also be altered by changing the wavelength of excitation laser. This work demonstrates extremely sensitive detection of phase transition, spatial control of transition volume at extremely high speeds opens the avenue for energy efficient neuromorphic platforms.

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# Photoinduced Multistable Resonance Frequency Switching of Phase Change Microstring at Room Temperature

Syed A. Bukhari,\* Ryan McGee, Amirhossein Mahdavi, Farid Bensebaa, Liang Zhou, Hyun-Joong Chung, Thomas Thundat,\* and Ankur Goswami\*

Vanadium dioxide (VO<sub>2</sub>), a promising phase change material, exhibits insulator to metal transition at 68 °C, manifests a drastic change in multiple physical properties, such as electrical resistance, mechanical modulus, lattice parameters, etc. From technological perspective, the transition temperature can be reduced by precise strain engineering. Here a noncontact, all-optical, and highly energy efficient platform is demonstrated to study macroscopic dynamics related to the localized structural rearrangements at room temperature. A thin layer (≈25 nm) of polycrystalline VO<sub>2</sub> deposited on a platinum coated silicon nitride microstring resonator shows a fast controlled mechanical resonance frequency response upon variations in optical power and wavelength. It is shown multiple stable frequencies of the resonator, designated as different equilibrium states, can be activated at different optical powers (≈200 μW) and wavelength, i.e., 450, 520, and 635 nm. The observed multiple resonance states of the microstring are explained because of the generation of stress due to the interplay between thermal expansion and the temperature-induced phase change of VO<sub>2</sub>. It is believed this change in frequency states under the controlled external optical excitation can have potential applications in ultrafast optical switching, intelligent temperature sensors, and neuromorphic devices operated at room temperature.



Resonators based on microelectro-mechanical systems (MEMS) have attracted significant attention over the past couple of decades because of their utility in bistable and multistable switches for potential applications in accelerometers,<sup>[1]</sup> microrelays,<sup>[2]</sup>

logic gate,<sup>[3]</sup> actuators,<sup>[4]</sup> radio frequency switches,<sup>[5]</sup> nonvolatile memory devices,<sup>[6]</sup> neuromorphic systems,<sup>[7]</sup> etc. A resonating device is bistable, if its resonance frequency changes from an initial value to a final stable value (only one ON state) under an external trigger (e.g., photo, thermal, electric field, etc.) and returns to the original state (OFF state) upon removal of the triggering pulse. Unlike a bistable system, a tristable (or multistable) system can toggle between all the available stable states under external triggering.<sup>[8,9]</sup> A multistable resonating device can have multiple equilibrium frequency, phase, or amplitude states depending on the changes in its physical properties (stiffness, coefficient of thermal expansion, dielectric constant, etc.) induced by external stimuli. In silicon MEMS resonators, the changes in the resonance frequency usually show bistable states under heating since its mechanical modulus varies uniformly with temperature. However, by integrating a phase change material (PCM) with conventional silicon MEMS, it is possible to engineer a device with multiple stable states, with negative and positive changes in the frequency, that can be toggled by fine control of external stimuli.<sup>[10]</sup> For the bistable resonant devices reported in the literature,

S. A. Bukhari  
Nanotechnology Research Centre  
National Research Council of Canada  
Edmonton, AB T6G 2M9, Canada  
E-mail: smanzoor@ualberta.ca

S. A. Bukhari, R. McGee, H.-J. Chung, T. Thundat, A. Goswami  
Department of Chemical and Materials Engineering  
University of Alberta  
Edmonton, AB T6G 1H9, Canada  
E-mail: tgthunda@buffalo.edu; agoswami@mse.iitd.ac.in

R. McGee  
Texas Instruments Dallas  
TX 75243, USA

A. Mahdavi  
Department of Mechanical Engineering  
University of Alberta  
Edmonton, AB T6G 1H9, Canada

F. Bensebaa  
Mining and Environment (EME)  
National Research Council of Canada  
Ottawa K1A 0R6, Canada

L. Zhou  
Department of Physics  
University of Alberta  
Edmonton, AB T6G 2E1, Canada

T. Thundat  
Department of Chemical and Biological Engineering  
University at Buffalo  
The State University of New York  
Buffalo, NY 14260, USA

A. Goswami  
Department of Materials Science and Engineering  
Indian Institute of Technology, Delhi  
Hauz Khas, New Delhi -110016, India

The ORCID identification number(s) for the author(s) of this article can be found under <https://doi.org/10.1002/aelm.202100819>.

DOI: 10.1002/aelm.202100819

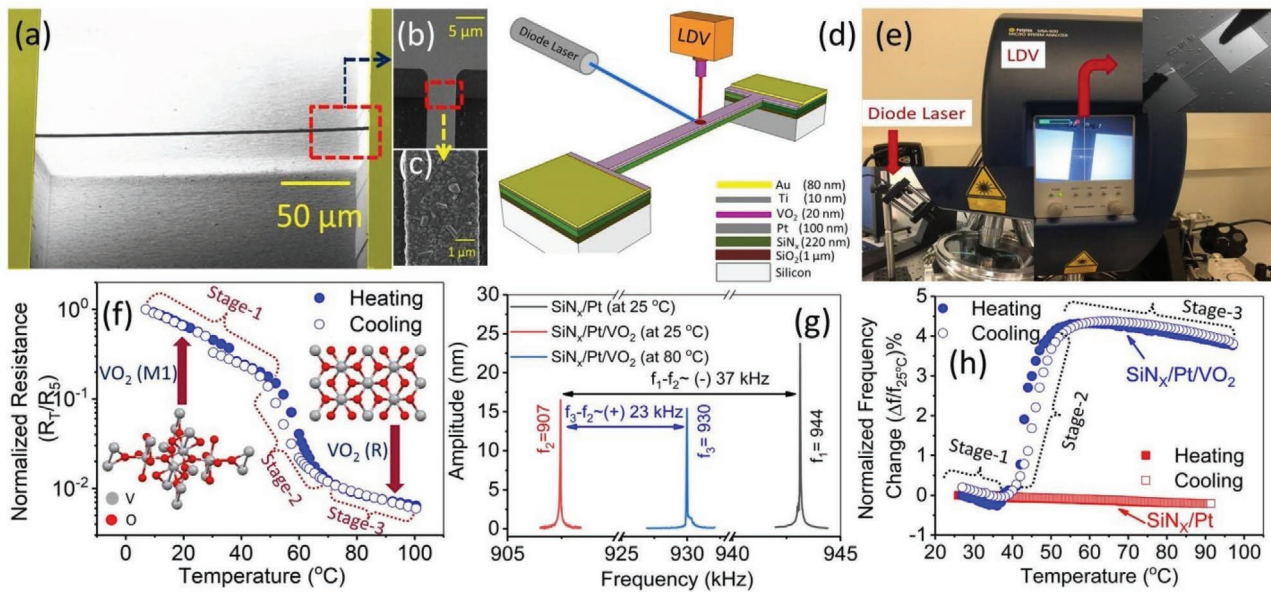
1 such as capacitive microcantilever<sup>[8]</sup> and silicon nanowire cou- 1  
2 pled with ring resonators,<sup>[11]</sup> the underlying physics is based on 2  
3 the force gradients, electrostatic, optical, or thermal, generated 3  
4 from differential thermal expansion. However, MEMS-based 4  
5 bistable or multistable switches that are based on phase transi- 5  
6 tion of material due to external stimuli, are still remain under 6  
7 represented in literature except few recently.<sup>[12]</sup> By exploiting 7  
8 the phase change mechanism, multistable resonating systems 8  
9 can be realized for ultrafast optical switching, neuromorphic 9  
10 devices, and auto intelligent temperature sensors.<sup>[13]</sup>

11 Vanadium dioxide (VO<sub>2</sub>), a canonical example of a transition 11  
12 metal oxide with correlated electrons, undergoes a sharp and 12  
13 reversible first order metal-insulator transition, known as Mott 13  
14 transition, at 68 °C (critical temperature, T<sub>C</sub>).<sup>[14]</sup> When cooling 14  
15 through the T<sub>C</sub>, the transition is realized as an off axis dimeriza- 15  
16 tion of alternating vanadium atoms along the *c*-axis of the 16  
17 tetragonal phase, which results in drastic changes in the elec- 17  
18 trical, optical, and structural properties of the film.<sup>[15]</sup> The T<sub>C</sub> 18  
19 varies depending on the crystallinity, grain size, texture, and 19  
20 quality of material phases. This transition results in an ultrafast 20  
21 (sub-ps) change in the electrical resistance by up to four orders 21  
22 of magnitude, which may also show a hysteresis in the heating/ 22  
23 cooling cycles.<sup>[15,16]</sup> The hysteresis can be significantly affected 23  
24 by the same variables that influence the T<sub>C</sub>. In addition to elec- 24  
25 trical resistance, physical properties, such as elastic modulus, 25  
26 refractive index, heat capacity, thermal expansion coefficient, 26  
27 etc., may also change drastically during this phase transition.<sup>[17]</sup> 27  
28 A significant number of studies have been devoted to VO<sub>2</sub> thin 28  
29 films in order to optimize and control the transition tempera- 29  
30 ture, the hysteresis width, and the magnitude of changes in the 30  
31 physical properties (especially resistance).<sup>[18]</sup> However, a con- 31  
32 troversy still persists regarding whether the electron–electron 32  
33 (Mott–Hubbard mechanism) or the electron-lattice (Peierls’s 33  
34 transition) interactions is responsible for the phase transition.<sup>[19]</sup> 34  
35 Despite the disagreement about the underlying mechanism, 35  
36 significant advances have been made in the development of 36  
37 electronic switches,<sup>[20]</sup> smart windows,<sup>[21]</sup> optical modulators,<sup>[22]</sup> 37  
38 band pass filters,<sup>[23]</sup> and self-actuators<sup>[24]</sup> by exploiting this tran- 38  
39 sition behavior of VO<sub>2</sub>. A well-studied chalcogenide semicon- 39  
40 ductor Ge<sub>2</sub>Sb<sub>2</sub>Te<sub>5</sub> (GST) system has also demonstrated superior 40  
41 applications for interfacial phase change memory<sup>[25]</sup> which now 41  
42 became a prototype phase change system for applications in 42  
43 neuromorphic computing. These materials were also studied 43  
44 optically by tuning the refractive index of the material.<sup>[26],[27]</sup>

45 By leveraging the Mott transition of vanadium dioxide (VO<sub>2</sub>) 45  
46 on devices under different external excitation phenomenon 46  
47 have been explored, but very few focused on MEMS devices.<sup>[28]</sup> 47  
48 For instance, Seo et al. studied the bistability by developing 48  
49 photoassisted electrical switches which measures voltage using 49  
50 two-terminal devices under illumination with infrared (IR) 50  
51 light.<sup>[29]</sup> Similarly, thermomechanical bistability has also been 51  
52 proposed theoretically in VO<sub>2</sub> coated silicon dioxide micro- 52  
53 cantilever by applying heat from a radiative source.<sup>[30]</sup> Fur- 53  
54 ther, Cao et al. reported bistability in MEMS devices by dem- 54  
55 onstrating bidirectional resonance frequency tuning using 55  
56 prebuckled VO<sub>2</sub> coated micro bridge through Joule heating 56  
57 mechanism.<sup>[31]</sup> Recently, bidirectional frequency tuning in 57  
58 VO<sub>2</sub> based suspended microstrings was also demonstrated 58  
59 by Bukhari et al. using a pump–probe technique.<sup>[10]</sup> Efforts 59

are presently underway to develop nonvolatile programmable 1  
memory devices employing bistability in VO<sub>2</sub> systems by meas- 2  
uring resonance frequency of the free-standing device using 3  
Joule heating principle and photoinduced carrier generation.<sup>[32]</sup> 4  
Although there are a few reports on photoinduced electrical 5  
switches and photothermal actuators enabling bistability as 6  
discussed earlier, they were restricted to two-terminal devices 7  
only.<sup>[23,29]</sup> However, the required external power remains very 8  
high (50–100 mW) to activate the device because of the large 9  
thermal mass involved. In all the previous studies, prior to 10  
activating the device into bistable mode via external stimulus, 11  
the device was brought to the onset of the transition zone by 12  
placing the device on a heating stage. Multistable nature of VO<sub>2</sub> 13  
based MEMS devices have not been explored until now. 14

15 Recently, optical pump–probe technique was used for 15  
16 detecting and controlling the ultrafast (<1 ps) phase transition 16  
17 of VO<sub>2</sub> thin films by utilizing transmittance change in terahertz 17  
18 radiation.<sup>[33]</sup> The fact that such transition can be modulated spa- 18  
19 tially at confined distance (nm)<sup>[34]</sup> with very fast time scale (pico- 19  
20 seconds) led us to integrate VO<sub>2</sub> thin films with conventional 20  
21 silicon MEMS. We have used suspended microstrings as reso- 21  
22 nators to probe dynamic mechanical response as a function of 22  
23 photoexcitation because of their extremely low thermal masses. 23  
24 Laser irradiation-induced temperature increase of the resonator 24  
25 changes its resonance frequency similar to that observed with 25  
26 conventional heating. This change in frequency can be attrib- 26  
27 uted to interplay between the changes the elastic modulus due 27  
28 to solid–solid phase transition of the VO<sub>2</sub> and the thermal expan- 28  
29 sion of the microstring. It was assumed that the spatial control 29  
30 of the transition can result in multiple eigen frequencies of the 30  
31 resonator depending on the power or wavelength of the external 31  
32 excitation source. Laser irradiation of the VO<sub>2</sub> microstring reso- 32  
33 nators were achieved by using pump–probe technique with two 33  
34 different light sources. The probe was the internal light source of 34  
35 the Laser Doppler Vibrometer (LDV), referred to as the internal 35  
36 laser source (ILS) from now on, which has a wavelength of (λ<sub>ILS</sub>) 36  
37 of 633 nm. The optical power of this internal laser of the LDV 37  
38 can be varied from 20 to 220 μW at power levels of 20, 30, 40, 50, 38  
39 70, 120, and 220 μW as set by the manufacturer. The pump laser 39  
40 source was an external diode laser (EDL), consisting of three dif- 40  
41 ferent diode lasers with wavelengths (red, λ = 635 nm, green, 41  
42 nm, and blue nm). The power of the EDL can be set at 42  
43 30, 70, or 100 μW. The temperature-induced changes in physical 43  
44 properties of VO<sub>2</sub> can enable reversible changes in the mechan- 44  
45 ical resonance frequency of the microstring. We found that there 45  
46 exist multiple resonance frequencies for the same eigen mode, 46  
47 which can be excited by changing the wavelength and the power 47  
48 of the EDL source. This phenomenon offers a unique opportu- 48  
49 nity to design programmable MEMS or NEMS devices to develop 49  
50 non-Boolean computational paradigms,<sup>[35]</sup> ultrafast switches,<sup>[36]</sup> 50  
51 that can be operated at room temperature using optomechanical 51  
52 oscillators.<sup>[37]</sup> The resonance response of the device depends 52  
53 on the power of the incident light, and therefore pump–probe 53  
54 arrangement allows triggering phase transition in VO<sub>2</sub>. In these 54  
55 experiments, we have kept the power of the probe laser (ILS) 55  
56 constant while pulsing the power of the EDL for triggering the 56  
57 phase transition. The effect of various power levels of ILS and 57  
58 EDL as well as different wavelengths of EDL on triggering dif- 58  
59 ferent stable states were systematically investigated. 59



**Figure 1.** Fabrication and characterization of free standing  $\text{SiN}_x/\text{Pt}/\text{VO}_2$  microstring. a) SEM of the suspended  $\text{SiN}_x/\text{Pt}/\text{VO}_2$  microstring. b) Magnified part of the anchor point of a) shows the width of the beam. c) SEM of the selected part of b) shows the microstructure of the deposited  $\text{VO}_2$ . d) Schematic of the fabricated microstring showing the different layers it made up of, and the experimental setup containing LDV laser (ILS) and EDL for measuring and triggering the resonance frequency ( $f_r$ ) respectively. e) Photograph of the experimental setup containing LDV, vacuum chamber and EDL. Inset shows two microprobe pins probe the suspended microstring. f) Resistance versus temperature plot of the  $\text{SiN}_x/\text{Pt}/\text{VO}_2$  microstring showing three stages of the resistance change. Both monoclinic (M1) and tetragonal crystal structure of  $\text{VO}_2$  are shown at stage-1 and stage-2, respectively. g) Frequency versus amplitude plot of  $\text{SiN}_x/\text{Pt}$  and  $\text{SiN}_x/\text{Pt}/\text{VO}_2$  microstring at 25 °C and  $\text{SiN}_x/\text{Pt}/\text{VO}_2$  microstring at 80 °C. The first eigen mode of  $f_r$  of the microstring is shown. The ILS power was kept 20  $\mu\text{W}$  in all the cases. h) Shows change in  $f_r$  with function of temperature for  $\text{SiN}_x/\text{Pt}/\text{VO}_2$  and  $\text{SiN}_x/\text{Pt}$  microstring.

Figure 1 depicts a microstring resonator fabricated from suspended silicon nitride ( $\text{SiN}_x$ ), coated with 100 nm of Pt and 20 nm of  $\text{VO}_2$ , respectively. Figure 1a–c shows SEM images of the microstring and the microstructure of the deposited  $\text{VO}_2$ . Structural characterization of  $\text{VO}_2$  was performed by XRD and Raman spectroscopy as described<sup>[15,38]</sup> (also shown in Figure S1 in the Supporting Information). Figure 1d shows the schematic of the experimental setup for monitoring the resonance frequency of the microstring device using LDV. The device was mounted on a peltier heater attached to a heat sink (copper block) in order to heat the device conventionally. A piezoelectric actuator and a Pt-1000 temperature sensor were placed on the chip containing the device in order to actuate the microstring into resonance and to measure the temperature, respectively. The whole setup was kept inside a vacuum chamber at  $1 \times 10^{-6}$  torr, while performing the measurements. Details of fabrication process of these microstrings are shown in Figure S1 (see the Supporting Information). The photograph of the whole setup is shown in Figure 1e which consists of the LDV and the vacuum chamber with an EDL (see bottom inset Figure 1e). Schematic of the setup is shown in Figure S2 (see the Supporting Information). An image of the two-probe measurement of the microstring straddling two terminal pads is shown in top inset Figure 1e. The Peltier element was also used for controlling the temperature of the microstring during the resistance measurements with a Keithley 197a multimeter. Normalized resistance of the microstring as a function of temperature is shown in Figure 1f. During heating, the resistance of the microstring changes nearly three orders of magnitude as the  $\text{VO}_2$  undergoes metal-to-insulator (monoclinic, M1 to

rutile, R) transition. As expected, this transformation is reversible and shows negligible hysteresis due to the small grains of the deposited  $\text{VO}_2$  layer as also observed in the earlier work.<sup>[39]</sup> The resistance versus temperature curve, shown in Figure 1f, displays a sharp reduction in the electrical resistance, which indicates the insulator-metal phase transition of  $\text{VO}_2$  on the microstring.

The resonance frequency ( $f_r$ , the first eigen mode) of the microstring was measured using LDV as shown in Figure 1g. While measuring the  $f_r$  of the microstring, the ILS power was fixed at its lowest value of 20  $\mu\text{W}$  in order to minimize laser-induced heating of the microstring. The control microstring fabricated with only  $\text{SiN}_x/\text{Pt}$  had a resonance frequency,  $f_r$ , of 944 kHz. After deposition of  $\text{VO}_2$  on the microstring ( $\text{SiN}_x/\text{Pt}$ ), the  $f_r$  was found to be 907 kHz at 25 °C, a decrease of 37 kHz due to mass loading. However, an increase in the device temperature from 25 to 80 °C caused an increase of 2.5% in the  $f_r$  (from 907 to 930 kHz), which can be attributed to a combined effect of increased stiffness and tensile stress (as per Equation (S1), Supporting Information) of the resonator due to structural reordering-induced lattice compression in the  $\text{VO}_2$  film. Figure 1g shows a clear difference between the two resonators consisting of  $\text{SiN}_x/\text{Pt}$  and  $\text{SiN}_x/\text{Pt}/\text{VO}_2$ . The former, having no MIT due to the lack of  $\text{VO}_2$  layer, shows a negligible decrease in the  $f_r$  as a function of temperature, whereas the latter shows three stages of the  $f_r$  which resembles that of the resistance variation shown in Figure 1f. Stage-1 shows a steady decrease of the  $f_r$  due to changes in the material properties and the moment of inertia of the microstring.<sup>[40]</sup> Stage-2 shows a sharp increase in the  $f_r$  due to the MIT which adds additional tensile stress to the system

**Table 1.** Optical power considerations for FEM calculations.

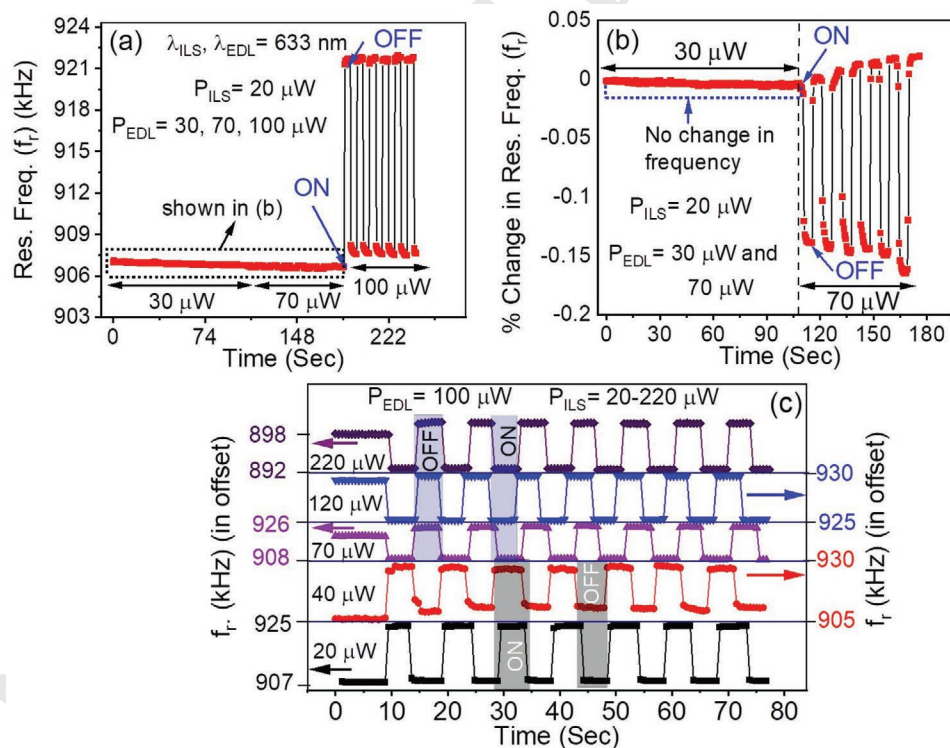
| Layers considered                               | Case-1: ILS only (pump-probe)       |   | Case-2: ILS and EDL pump with EDL probe with ILS |  |   |  |
|---|-------------------------------------|---|--|--|---|--|
|   | Optical power-ILS [ $\mu\text{W}$ ] | EDL = 0 [ $\mu\text{W}$ ] ILS [ $\mu\text{W}$ ] | EDL = 30 [ $\mu\text{W}$ ] ILS [ $\mu\text{W}$ ] | EDL = 70 [ $\mu\text{W}$ ] ILS [ $\mu\text{W}$ ] | EDL = 100 [ $\mu\text{W}$ ] ILS [ $\mu\text{W}$ ] |  |
| $\text{SiN}_x/\text{Pt}^{\text{a)}$             | 20                                  | 20  | 20   | 20   | 20  |  |
| $\text{SiN}_x/\text{Pt}/\text{VO}_2^{\text{b)}$ | 30                                  | 30  | 30   | 30   | 30  |  |
|   | 40                                  | 40  | 40   | 40   | 40  |  |
|   | 50                                  | 50  | 50   | 50   | 50  |  |
|   | 70                                  | 70  | 70   | 70   | 70  |  |
|   | 120                                 | 120   | 120  | 120  | 120   |  |
|   | 200                                 | 200   | 200  | 200  | 200   |  |

<sup>a)</sup>Two layer model with Pt coated on  $\text{SiN}_x$ , <sup>b)</sup>Three layer model with  $\text{VO}_2$  coated on Pt which is coated on  $\text{SiN}_x$ .

as explained in our earlier work.<sup>[41,42]</sup> Further increase in the temperature beyond the MIT results in a slow decrease in the  $f_r$ , which is designated as stage-3. The reduction in the  $f_r$  after the MIT is purely due to the softening of the material (decrease of elastic modulus) as a function of temperature. After completion of structural transformation of the  $\text{VO}_2$  film, any further addition of heat will likely heat up the underlying layers of Pt and  $\text{SiN}_x$  leading to an overall reduction in the modulus of the system, and thus a decrease in the stiffness and the resonance frequency ( $f_r$ ). The whole process is completely reversible with a hysteresis in the heating-cooling cycle as shown in Figure 1h.

From Figure 1, and also from our earlier work, it is clear that the resonance frequency of the  $\text{VO}_2$  coated microstring shows unique characteristics as a function of temperature that can be attributed

solely to its MIT behavior. We have also found that bidirectional variation of the  $f_r$  of the microstring (either an increase or decrease in the resonance frequency) can also be observed by changing the power of the laser, ILS.<sup>[10]</sup> Therefore, by controlling the power of the pump and probe it is possible to mouldate the  $f_r$  of the microstring without supplying any conductive heat from an external source, such as a peltier heater (Figure 1d). In the following section, we will describe how the power and the wavelength of the EDL, along with the power of the ILS affects the dynamics of the  $f_r$  of the  $\text{VO}_2$  coated microstring. In this study, the ILS was used as the probe while the EDL was used as a pump for toggling the resonance frequency between multiple stable ON and OFF states of the microstring. However, it should be noted that the power of the ILS also influences the  $f_r$  by shifting the baseline frequency.



**Figure 2.** Multistable frequency response for 635 nm Laser. Demonstration of multistable resonance frequency ( $f_r$ ) states of  $\text{VO}_2$  microstring with different ILS and red EDL (nm) power a)  $f_r$  response of microstring with ILS power of  $20 \mu\text{W}$  and EDL power of  $30, 70,$  and  $100 \mu\text{W}$ . b) Magnified  $f_r$  response due to EDL power of  $30$  and  $70 \mu\text{W}$  of a). c) Multistable frequency states at a fixed EDL power of  $100 \mu\text{W}$  and varying ILS power from  $20$  to  $220 \mu\text{W}$ . A decrease in  $f_r$  observed for ILS power  $\geq 70 \mu\text{W}$  at constant red EDL power of  $100 \mu\text{W}$ .

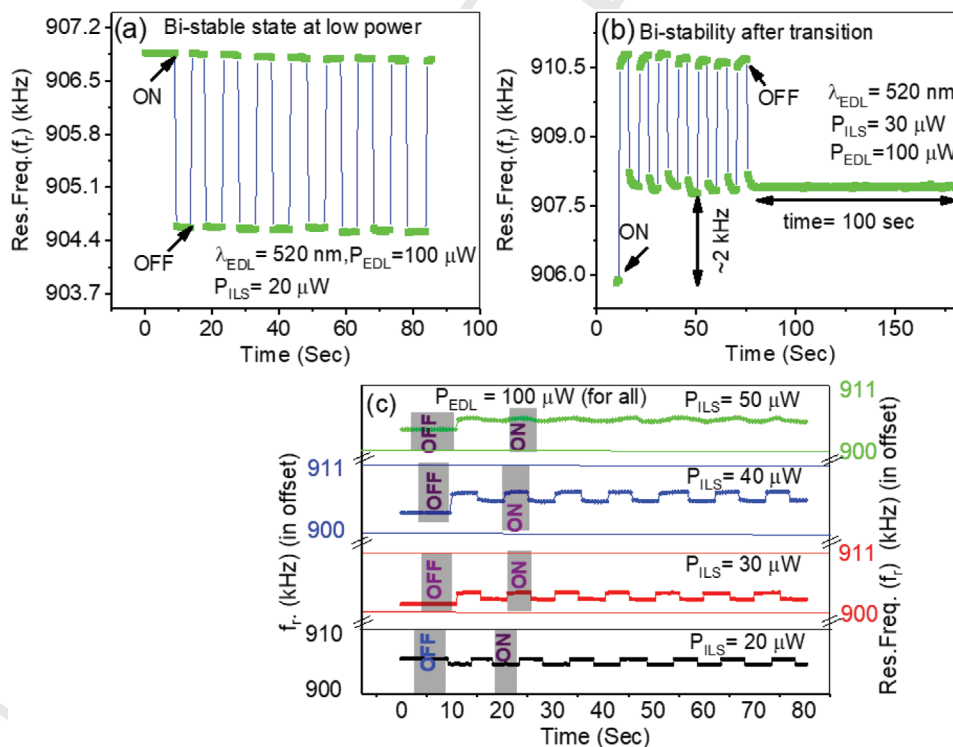
VO<sub>2</sub> shows a wavelength dependent ultrafast change in optical absorption below and above the phase transition in both bulk and thin films.<sup>[43]</sup> Depending on the wavelength, VO<sub>2</sub> film on the microstring can absorb impinging light and increase its temperature. Also, the reflective nature of Pt under layer may reflect the light back into the VO<sub>2</sub> causing further heating. In order to exploit the absorption behavior of VO<sub>2</sub> for investigating the multistability of VO<sub>2</sub> coated microstring resonators, it was irradiated with three different wavelengths of light (i.e., green, red, and blue) while maintaining ILS power constant (Table 1).

In these experiments, multistable frequency responses of VO<sub>2</sub> coated microstrings was studied by monitoring its resonance continuously while pulsing the laser ON and OFF (toggling) at different power. Figure 2 shows variation of the  $f_r$  of a microstring as a function of varying the power of both the EDL ( $\lambda = 635$  nm) and the ILS. Figure 2a depicts the variation in the  $f_r$  of the microstring for the three distinct power levels of the EDL while keeping the ILS power fixed at the lowest value (20  $\mu$ W). Initially, the power of the EDL was fixed at 30  $\mu$ W, then increased to 70  $\mu$ W followed by further increase to the highest power of 100  $\mu$ W. The  $f_r$  of the device was monitored as the EDL was pulsed on and off, at various power values. There are two different zones of  $f_r$  variation which are identified in Figure 2a. For instance EDL pulsing at 30  $\mu$ W, no detectable changes in the  $f_r$  were measured. However, when the EDL power was increased to 70  $\mu$ W, there was a subtle variation in the  $f_r$  of the microstring by 0.15% to 0.18% as shown in Figure 2b.

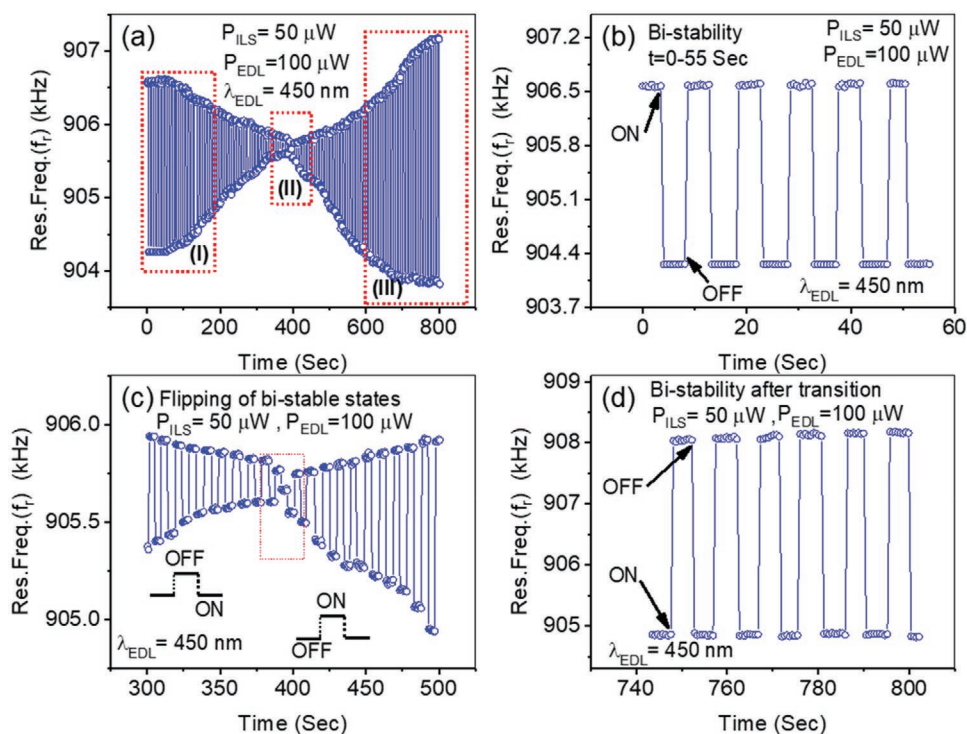
Therefore, by turning the EDL pulse ON and OFF by using a function generator, the  $f_r$  of the microstring can be toggled from the original to the lower value. Upon further increase in the EDL power to 100  $\mu$ W, a large increase in the  $f_r$  of the microstring was observed ( $\approx 1.5\%$ ) contrary to the response for the case of 70  $\mu$ W. It must be noted that the changes in the  $f_r$  of the microstring were instantaneous which was beyond the limit of detection of the frequency counter used in this study (Agilent 53181A, was capable of detecting two events with a resolution of 5 ns).

Figure 2c shows the  $f_r$  variation of the microstring while toggling (ON and OFF) the EDL (from power 0 to 100  $\mu$ W) at 5 s intervals. During each of the measurements, the ILS was fixed at different available power levels (20, 40, 70, 120, and 220  $\mu$ W) as indicated in each row of the figure and EDL was varied from 0 to 100  $\mu$ W with the function of time at the interval of 5 s. During pulsing,  $f_r$  of the microstring increased instantaneously (ON state) by 1.5% and 2.5% for 20 and 40  $\mu$ W, respectively, from its initial value (OFF state). However, as the ILS power was increased, the  $f_r$  was decreased, showing a decrease in the base line resonance frequency. The  $f_r$  of the microstring was in the range of 905–907 kHz for 20 and 40  $\mu$ W of ILS power when EDL was off. When the ILS was increased to 70, 120, and 220  $\mu$ W the overall base line of  $f_r$  shifted to 925, 921, and 887 kHz, respectively.

A VO<sub>2</sub> coated microstring shows a different response when pulsed with a green EDL ( $\lambda = 520$  nm) at 100  $\mu$ W power (Figure 3), than the one observed when pulsed with red EDL ( $\lambda = 635$  nm)



**Figure 3.** Multistable mechanical resonance frequencies switching of VO<sub>2</sub> resonator using green EDL ( $\lambda_{\text{EDL}} = 520$  nm). a) Shows the bistable frequency response where exposure to EDL (at 100  $\mu$ W) reduces the  $f_r$  to a stable frequency state while keeping the ILS power at minimum level of 20  $\mu$ W. b) At slightly higher ILS power (i.e., 30  $\mu$ W) but same EDL power, the  $f_r$  flipped to higher frequency stable state. An offset of  $\approx 2$  kHz was seen when the light was turned ON, whereas a 3 kHz frequency difference was seen between bistable states during subsequent ON/OFF cycles. Note the offset remains constant after 100 s of turning off the green EDL. In c), the ILS power was raised to 40 and 50  $\mu$ W which lead to higher offset values of frequencies ( $\approx 4$  kHz for 40  $\mu$ W and 6 kHz for 50  $\mu$ W) when the light was switched ON. However the subsequent change in frequencies during ON/OFF cycles decreased with increased optical power.



**Figure 4.** Time dependent switching of multistability with blue EDL ( $\lambda_{EDL} = 450$  nm). Time dependent resonance frequency ( $f_r$ ) response showing a transition from high-low to low-high frequency response at ILS power of  $50 \mu\text{W}$  and EDL power of  $100 \mu\text{W}$ . a) Three different regime of change of  $f_r$  response with the function of time was observed. b) Magnified plot of region-I where  $f_r$  changes the original state to a lower state, by a 2 kHz decrease. c) Magnified plot of region-II where it shows after 60 s of toggling of blue EDL, a decrease in magnitude of  $f_r$  was observed however the flipping of states occurred after 400 s of EDL exposure where increase in  $f_r$  was seen. d) Magnified plot of region-II where magnitude of increase in  $f_r$  of 3.5 kHz upon exposure of EDL was observed between 740 and 800 s.

(Figure 2). Here also we found a bistable resonant behavior with a drop of 3 kHz as shown in Figure 3a when the green EDL was toggled ON and OFF ( $0$ – $100 \mu\text{W}$ ). It should be noted that in all these cases (either in Figures 2 or 3), the probe laser, ILS, was always ON in order to measure the frequency of the microstring ( $20 \mu\text{W}$ ). The decrease in the frequency in the case of the green EDL (Figure 3a) was an order of magnitude lower than the one obtained with red EDL (Figure 2c), though the power remained constant at  $100 \mu\text{W}$  for both cases. However, it is also important to note that in both cases (either Figures 2a or 3a) the power of the ILS was set at the minimum level of  $20 \mu\text{W}$ . Remarkably, when the power of the ILS was increased to  $30 \mu\text{W}$  (in Figure 3b), the  $f_r$  was found to increase similar way as was observed for  $100 \mu\text{W}$  power of red EDL (as shown in Figure 2b). Additionally during the ON and OFF cycles of the green EDL, the  $f_r$  of the microstring did not return to its original value of  $\approx 906$  kHz, but rather toggled between 908 and 910.5 kHz (a baseline shift of 2kHz). This offset remained stable for 100 s when EDL was turned off.

Since the absorbance of red light (635 nm) higher than the green light for  $\text{VO}_2$  (M1) insulating phase,<sup>[44]</sup> a relatively smaller fraction of the latter is absorbed by the  $\text{VO}_2$  film and may cause localized heating which changes the stiffness, coefficient of thermal expansion (COE), and thereby change in the  $f_r$  of the resonator. The increase/decrease in the  $f_r$  upon exposure to red/green EDL having same optical power density indicates a wavelength dependent modulation in the phase transition.<sup>[45]</sup> Because of the difference in the absorbance of the red and

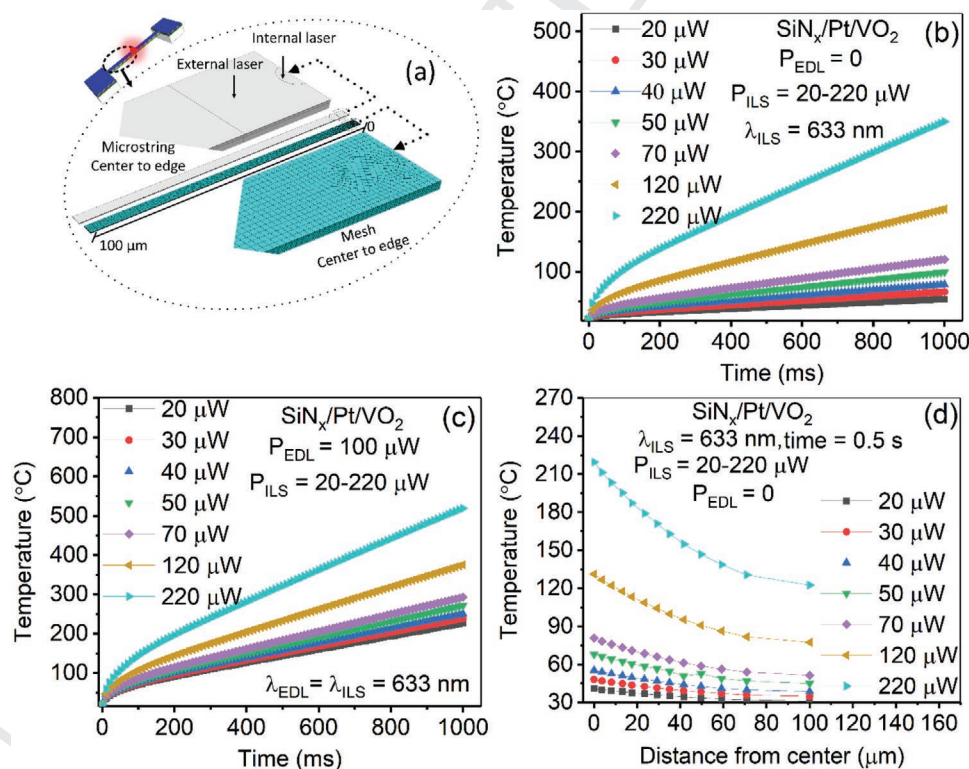
green wavelengths, the absorbed fraction for this power level may not be enough to heat  $\text{VO}_2$  layer to transform it completely into the metallic state in the case of green EDL when ILS power was  $20 \mu\text{W}$ . Nevertheless, an increase in  $f_r$  was observed due to EDL toggling (between 0 and  $100 \mu\text{W}$ ) only if the ILS power was raised from 20 to  $30 \mu\text{W}$  which happens due to the localized predominantly caused by the ILS. However, the increase in the  $f_r$  is much smaller compared to the previous case where both pump and probe lasers were 635 nm. This suggests that small area exposure with the ILS can cause a small volume to transform to metallic state and thus a slight increase in frequency ( $\approx 2$  kHz). This observation shows that even a small area exposure of optical power ( $\text{ILS} \geq 30 \mu\text{W}$ ) is enough to flip bistable frequency states. Above the transition regime of  $\text{VO}_2$  where it converts to metallic, the electronic contribution to thermal conductivity is much smaller which should not be the case for an ideal metal as predicted by Weidman–Franz law.<sup>[46]</sup> Any further increase in the optical power of ILS will likely to trap the heat within a metallic region resulting as an offset of  $\approx 2$  kHz. Further increasing the ILS power ( $30$ – $50 \mu\text{W}$ ), while toggling the green EDL at the same power (at  $100 \mu\text{W}$ ) the frequency of the device will increase under irradiation of the EDL, while it will decrease with higher offset ( $>2$  kHz) when the EDL was turned off. At ILS power of  $50 \mu\text{W}$  or beyond the change in frequency during ON/OFF cycles of EDL became very small.

To further understand the wavelength dependence of multistable response, the resonator was exposed to a blue EDL

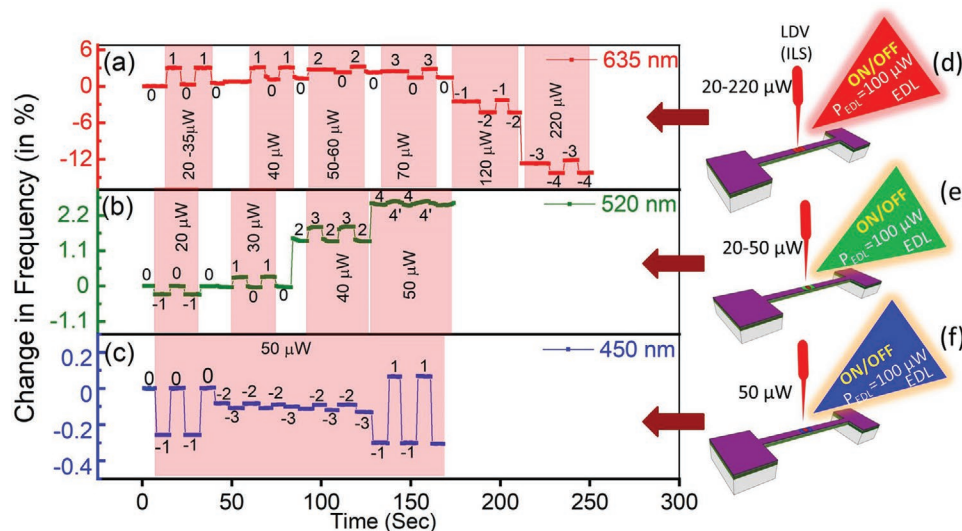
( $\lambda = 450$  nm) with an optical power of  $100 \mu\text{W}$ . Here, we again observed a bistable resonant behavior that showed a decrease in the  $f_r$  by 2 kHz when the EDL was toggled at  $100 \mu\text{W}$  power. We observed similar behavior for ILS power of 20, 30, and  $40 \mu\text{W}$  (data not shown). We conducted a time dependent study where we kept the ILS on at  $50 \mu\text{W}$  and toggled the EDL at  $100 \mu\text{W}$ , while recording the  $f_r$  as a function of time. We observed a time-dependent switching of two bistable states as shown in **Figure 4a**. Since the cross sectional area of the resonator is very small and the absorption of blue light (450 nm) is small<sup>[47]</sup> compared to red (635 nm) and green (520 nm) wavelengths, the absorbed fraction may not be enough to heat the irradiated area. This might explain why the localized transition of  $\text{VO}_2$  was not seen in this case while toggling the blue EDL even the ILS power was enhanced till  $50 \mu\text{W}$ . The frequency response of the resonator can be divided into three regions in **Figure 4a**. Region (I) shows a decrease in frequency upon exposure until 400 s. The magnitude of the change in frequency was found to decrease over time. The change in frequency was  $\approx 2.5$  kHz at the start of the ON/OFF cycles which then decreased to less than 0.5 kHz at 400 s. The decrease in frequency upon exposure manifests in the decrease in stiffness of the material with increase in the temperature as shown in **Figure 4b**. This was also observed in the previous two cases at lower ILS exposures shown in **Figures 2b** and **3a**. The magnitude of the change in frequency upon ON/

OFF cycles of the blue EDL becomes smaller as time increases. This decrease in magnitude of frequency change is likely because of a dominance of elastic modulus decrease (insulating state) as compared to the stiffness increase (metallic state) due to the time dependent phase transition within the exposed area. It is interesting to note that a sudden flip in the resonator response was observed at 400 s (region II) as shown in **Figure 4c**. Subsequently, the resonator showed an opposite response for ON/OFF cycles of external exposure. The magnitude of increase in frequency upon exposure was found to increase gradually over time. This increase in frequency in region III is also shown explicitly in **Figure 4d**. A significant fraction of light was absorbed by the  $\text{VO}_2$  layer at this time which caused a decrease in stiffness over time as heat was trapped within a small region because of unchanged thermal conductivity leading to a decrease in modulus initially until 400 s.<sup>[48]</sup> However, upon exposing the surface for sufficient time, a net addition of heat in the resonator can trigger the localized transition higher than 400 s. A sudden change in bistability behavior dictates the onset of portion of the exposed area from insulating to metallic state leading to a stiffness increase due to the developed stress upon exposure. The magnitude of the frequency change becomes large for EDL ON/OFF cycles above 400 s as shown in **Figure 4d**.

From all the above three figures, i.e., from **Figures 2–4** it is observed the dynamic range of tuning the frequency can vary



**Figure 5.** Finite element analysis to model transient response of microstring under the illumination of varying ILS and EDL power. a) Finite element modeling of temperature variations of  $\text{VO}_2$  microstring at the center of the exposed area as a function of optical power and the distance from the center of the string to the edge. A generalized 3D transient heat conduction model was employed over a half of the length in order to reduce numerical cost. Exposed area by EDL was modeled as a square at the center, while the ILS was modeled as a circle with a diameter of  $1 \mu\text{m}$  as shown in a). b) Time dependent temperature rise of  $\text{VO}_2$  coated microstring at the center of the exposed area as a function of increasing ILS power only shown in c). Temperature rise of the same microstring with 635 nm EDL at exposed power of  $100 \mu\text{W}$  shown in d). Transient response of  $\text{VO}_2$  coated microstring at different optical power from the center to the edge with individual power exposed for 0.5 ms.



**Figure 6.** Comparison of change in resonance frequency (in %) of the Si<sub>x</sub>N<sub>y</sub>/Pt/VO<sub>2</sub> microstring with the function of time at different ILS power, keeping EDL power constant but constantly toggling (ON/OFF) at certain time interval during the measurement. a–c) shows the variation of the  $f_r$  state, while toggling the red, green, and blue EDL. d–f) shows the schematic of the measurement corresponding to the different EDL wavelength. In all the measurements, as shown in a–c), ILS power has been varied during the measurement which activates different frequency states. 0 corresponds to the base frequency state in all the cases, while measurements were done at 20  $\mu$ W ILS power. As the ILS power increases for the measurement for different wavelength of EDL resonator respond differently. While designating the state positive integers represents increase in frequency from its base value whereas, negative integers represent the reduction in frequency from its base value.

from 0.2% to 2.7% in the proposed structure of the microstring under different illumination of wavelength and power. This range can be of course enhanced by increasing optical power or by reducing the device size which ensures lower thermal mass. Further, in all the cases the exposure of different wavelength or power of laser alters the electronic and structural characteristics of the VO<sub>2</sub> system which shows these variations in frequency of the resonator. However, we believe the external stimulus (in this case photon energy) does not influence the microstructure of the sample although it demands a detail study to comment anything concrete.

Since the areas exposed with the ILS (0.5  $\mu$ m<sup>2</sup>) and the EDL (1  $\mu$ m<sup>2</sup>) are very small, measurement of local temperature rise is challenging. A transient 3D heat conduction model was employed in order to estimate the temperature increase due to irradiation of light with the EDL and the ILS. Actual dimensions of the microstring were used in the calculations. Due to

the symmetrical nature of the geometry and laser exposure, half length (i.e., 100  $\mu$ m lengths) of the microstring was considered in the numerical modeling to reduce the computational expense (as shown in Figure 5a). The details of the model are explained in Figures S6 and S7 (Supporting Information). Figure 5b,c shows the variation of temperature of the microstring at two different red EDL power with the function of time at varying ILS power. It is observed that maximum temperature of the microstring can be obtained at the central area of  $\approx$ 1  $\mu$ m<sup>2</sup> under maximum power of red EDL and ILS is around 500  $^{\circ}$ C (as shown in Figure 5c). However, this is not the overall temperature of the microstring. The distribution of the overall temperature is shown in Figure 5d.

By exploiting photoinduced insulator-to-metal transition, we demonstrated the first ever reported frequency tuning with optical power nearly 200  $\mu$ W. The noncontact method for probing the mechanical frequency modulation of VO<sub>2</sub> resonator

**Table 2.** Available frequency states at different EDL and ILS power.

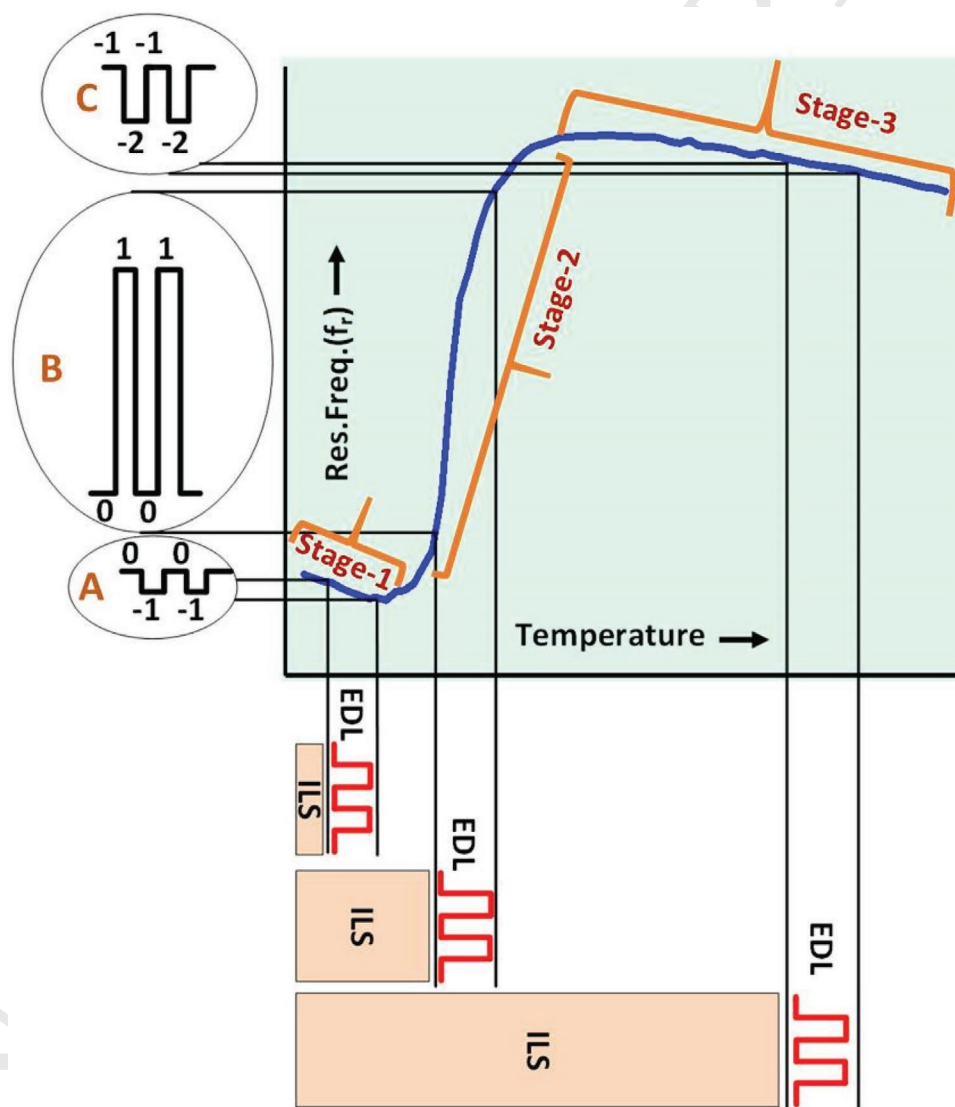
|  |  | $\lambda_{EDL} = 635 \text{ nm}, P_{EDL} = 100 \mu\text{W}^a)$ |          |          |        |       |          |          |
|--|--|--|----------|----------|--------|-------|----------|----------|
| $P_{ILS} [\mu\text{W}]$                    |  | 20   | 30       | 40       | 50     | 70    | 120      | 200      |
| States observed (OFF/ON)                   |  | (0, 1)   | (0,1)    | (0,1)    | (0,2)  | (0,3) | (-1, -2) | (-3, -4) |
|  |  | $\lambda_{EDL} = 520 \text{ nm}, P_{EDL} = 100 \mu\text{W}^a)$ |          |          |        |       |          |          |
| $P_{ILS} [\mu\text{W}]$                    |  | 20   | 30       | 40       | 50     |       |          |          |
| States observed (OF/ON)                    |  | (0, -1)  | (0,1)    | (2,3)    | (4,4') |       |          |          |
|  |  | $\lambda_{EDL} = 450 \text{ nm}, P_{EDL} = 100 \mu\text{W}^a)$ |          |          |        |       |          |          |
| $P_{ILS} [\mu\text{W}]$                    |  | 50   |          |          |        |       |          |          |
| Time dependent Flipping of states (OFF/ON) |  | (0, -1)  | (-2, -3) | (-3, -2) | (-1,1) |       |          |          |
|  |  | Flipping of states   |          |          |        |       |          |          |

<sup>a)</sup>  $\lambda_{ILS} = 633 \text{ nm}$ .

1 was achieved with a highly focused laser beam while performing  
2 the experiment at room temperature. By and large multistable  
3 resonant behavior was observed for all the EDL wavelengths.  
4 In order to compare the resonance frequency ( $f_r$ ) states (multi-  
5 stability) for different EDL wavelengths (and at same power of  
6 EDL,  $P_{EDL} = 100 \mu\text{W}$ ) and different power of ILS, we sum-  
7 marized the results in **Figure 6**. Figure 6a shows the changes in  
8 the frequency ( $\Delta f_r$  in %) at different ILS power (20, 30, 40, 70,  
9 120, and 220  $\mu\text{W}$ s) while toggling the EDL (red,  $\lambda = 635 \text{ nm}$ ).  
10 Figure 6b,c represents the similar behavior of the same device  
11 using the two different EDLs (i.e., green,  $\lambda = 520 \text{ nm}$  and blue,  
12  $\lambda = 450 \text{ nm}$ ) at different ILS power. In Figure 6b for the green  
13 EDL, ILS power was varied 20, 30, 40, and 50  $\mu\text{W}$  whereas, in  
14 Figure 6c, while using blue EDL, the ILS power was kept con-  
15 stant 50  $\mu\text{W}$ . In all the cases 0 state represents the base  $f_r$ . If

$f_r$  increases upon irradiation with the EDL, the state is repre-  
sented by positive integer and if it decreases, the state is repre-  
sented by negative integer. By modulating ILS and EDL power  
one can tune the frequency states of microstring as shown in  
Figure 6. The details and designation of the states are explained  
in **Table 2**.

Multistable resonance frequency response as a function  
of temperature and optical power is depicted in a cartoon in  
**Figure 7**. The blue curve shows the resonance frequency of  
the microstring as a function of temperature obtained with  
conventional heating (see data shown in Figure 1h). The reso-  
nance response shows three distinct slopes (states) with two  
major inflection points. Heating the microstring using lasers  
was accomplished by keeping the ILS at constant power while  
pulsing the EDL. Increasing the ILS power increases the



56 **Figure 7.** A schematic representation of heating of microstring resonator with relation of three distinct stages to optical power (EDL and ILS). At low  
57 ILS (20  $\mu\text{W}$ ) and pulsed EDL (30–70  $\mu\text{W}$ ), optically activated stable frequency states can be correlated with the first stage of thermal heating of the  
58 resonator. When EDL was pulsed at 100  $\mu\text{W}$ , an increased frequency response upon exposure is associated with the transition stage. This is also true  
59 in case ILS is increased up to 50  $\mu\text{W}$ . At higher ILS powers, the optical response is related with stage –3 of the thermal response as frequency was  
found to decrease upon EDL exposure.

1 temperature of the microstring thereby shows all three states in  
2 the resonance response depending on which power one can do  
3 the measurement. On the other hand pulsing the EDL provide  
4 extra leverage to control the frequency flipping. For instance  
5 when ILS and EDL power operates in stage-1, the frequency  
6 response of the string should be of the similar figure shown in  
7 inset-A. Similarly, if both operates at the power where stage-2  
8 and stage-3 activated then frequency response should be of the  
9 inset B and C type, respectively. However, at same power of ILS  
10 and EDL gradual flipping of the response observed in the case  
11 of the blue laser, as shown in Figure 4d, due to a time dependent  
12 heating of the microstring which allows the resonance response  
13 to travel through the inflection point of stage-1 and 2.

14 Depending on the wavelength of EDL, and power of both ILS  
15 and EDL, the time scale of operation or in other words stability  
16 can vary. For instance, the resonance state of the microstring  
17 is found to be stable mostly (as shown in Figures 2 and 3) at a  
18 given illumination power with the function of time for the case  
19 of red and green laser. Whereas, in the case of blue light the  
20 resonance state of the microstring varies with time at a given  
21 power of ILS and EDL. This obviously limits the potential appli-  
22 cation where long-term stability is required. As per Figure 4,  
23 the stability of the resonator toward can be observed till 50 s  
24 where downward shifting occurs. However, after 50 s, magni-  
25 tude of frequency shift reduces. But if the power of illumina-  
26 tion or time of exposure can be increased, the magnitude of the  
27 upward shift will be also stable for the same wavelength (blue)  
28 light which can circumvent the limitation.

29 The multiple stable states as shown in Figure 6 is due to  
30 the presence of multiple localized curvatures in the resonance  
31 response due to a combined effect of thermal expansion and  
32 localized material phase transitions.

33 This study does not involve any metallic interconnects and  
34 demonstrates fast, reliable, and repeatable thermo-optical fast  
35 switching states (in all the wavelengths), memory states (in the  
36 case of 520 nm wavelength) and processing. Manipulation of  
37 mechanical frequency without any electronic circuitry with a few  
38 hundreds of  $\mu$ Ws of optical power may also open up avenues  
39 for auto intelligent temperature sensors with drastic reduction  
40 in energy consumption. The future direction from this study  
41 is to implement optical logic functions into phase change  
42 MEMS in the same way as implemented for microelectronics  
43 processors.

## 44 Experimental Section

45  
46  
47  
48 Microfabrication of the suspended microstring resonators was carried  
49 out using top down lithographic technique. The fabrication process is  
50 discussed in detail in Section S1 of the Supporting Information and also  
51 in the previous work.<sup>[42]</sup> LDV, MSA Polytec 500 was used to measure the  
52 dynamic mechanical response of the resonators. The vacuum was kept  
53  $10^{-4}$  to  $10^{-5}$  torr, while carrying out the measurement using LDV in order  
54 to get better Q-factor of the device. Three different EDLs from Thorlab  
55 were used (model numbers are CPS635, CPS520, and CPS450 which  
56 corresponds to 635, 520, and 450 nm wavelength, respectively) in these  
57 experiments. The power of the EDL was calibrated using a power meter  
58 (PM 100D) anticipating there would be substantial power loss, while the  
59 rays passed through the top port glass of the vacuum chamber.

Crystal structure  $\text{VO}_2$  was confirmed using X-ray diffraction using thin  
film stage on Rigaku Ultima IV spectrometer as shown in Figure S5a

(Supporting Information). Surface morphology of  $\text{VO}_2$  thin films were  
carried out with atomic force microscope, in Figure S4b (Supporting  
Information).

The heat transfer due to localized heating of the microstring by  
the laser was modeled by using a 3D FEM technique. The FEM was  
developed by employing a generalized finite element solver (ABAQUS  
ver. 6.13, Dassault Systems Americas Corp., Waltham, MA).<sup>[49]</sup> Actual  
dimensions of microstring were used in calculations. In order to  
understand the effect of thermal conduction from the center to the  
edge of the microstring, the microstring was divided into 20 equal  
segments each separated by a distance of 10  $\mu\text{m}$ . The temperature rise  
of the microstring from the center ( $x = 0$ ) to the edge ( $x = 100 \mu\text{m}$ ) was  
simulated for an exposure at the center with time duration of 0.5 ms. In  
case of the three-layer  $\text{SiN}_x/\text{Pt}/\text{VO}_2$  resonator, the rise in temperature at  
the center is significantly higher (i.e., 200  $^\circ\text{C}$ ) as compared to the edge  
(105  $^\circ\text{C}$ ) for an optical power of 200  $\mu\text{W}$ , as shown in Figure 5d. This  
large increase in the temperature along with a large temperature gradient  
shows the heat conduction through and along the string is anomalously  
lower than the two-layer system (results for two layer systems are shown  
in the Supporting Information). Because of small diffusivity of  $\text{VO}_2$ , heat  
conduction is very small which might have resulted as an increase of  
temperature at the exposure point and high gradient in temperature  
along the resonator.

## Supporting Information

Supporting Information is available from the Wiley Online Library or  
from the author.

## Acknowledgements

This work was mainly supported by the Canada Excellence Research  
Chair (CERC) Program (ID: SF0926 and Grant No. RES 0006296) and  
partly supported by IIT Delhi seed Grant No. (PLN12/04MS). The authors  
acknowledge the microfabrication and characterization facilities provided  
by the Nanofab at the University of Alberta. Rosmi Abraham and Dr.  
Faheem Khan are also gratefully acknowledged for useful discussions.

## Conflict of Interest

The authors declare no conflict of interest.

## Data Availability Statement

Research data are not shared.

## Keywords

microstring resonator, phase change MEMS, Vanadium dioxide

Received: August 10, 2021

Revised: October 26, 2021

Published online:

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