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On a semi-empirical approach to predicting sound insulation in lightweight framed construction

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ABSTRACT
Predicting the apparent airborne and impact sound insulation of lightweight framed constructions is very challenging, particularly if the approach is to be sufficiently simple for standardization. There are two basic approaches – semi-empirical or statistical energy analysis (SEA). The SEA approach is considered in an associated InterNoise 2007 paper entitled, “Measurement and prediction of flanking transmission through gypsum board walls with modified SEA method”. This paper explores the strengths and weaknesses of the semi-empirical approach by considering flanking involving the wall/floor junction as an example. Flanking path power flow is defined by five transmission factors whose combined effect is characterized by a path transfer function specific to the type of excitation (airborne or impact) and the construction detail. For similar constructions, path estimates are obtained by adding a correction to account for the mounting, number, and type of layers of the flanking surface. Unfortunately, to deal with junction attenuation, a unique transfer function is required for each major type of structural framing at the junction (i.e., joist orientation and continuity). Relatively few transfer functions are required to accurately predict a large number of practical construction scenarios including the effect of toppings on floors and the mounting of the gypsum board on walls and ceilings.

1 INTRODUCTION
This paper reports results from continuing studies of sound transmission between adjacent units in wood-framed multi-dwelling buildings. It combines a discussion of principles for predicting the performance with some recent extensions of our multi-year experimental study, which has assessed how common construction details affect structure-borne (flanking) transmission between adjacent rooms, for a broad range of wall and floor constructions.

Previous reports have focused on the wall and floor surfaces connected at the wall/floor junction – especially the floor surface, which is often the dominant problem. This paper includes a number of other paths that may collectively become significant when more obvious paths are controlled.

Estimates of apparent sound insulation were obtained by summing the energy transmitted directly through the separating wall or floor assembly with that for all the flanking paths involving wall, floor, or ceiling surfaces abutting the separating assembly. These estimates provide the basis for a simplified design guide \cite{1} to predict sound insulation in typical wood-framed row housing or apartment buildings. The Guide presents the sound insulation

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using ASTM ratings; for the international audience of this conference, the performance is recast in terms of the equivalent ISO ratings, as Apparent Sound Reduction Index, $R_w$.

This paper focuses mainly on a subset of the results for airborne sources and horizontal transmission, for wood-framed constructions with the wall and floor assemblies shown in Figure 1, or minor variants on them. Construction specifications, AutoCAD detail drawings, and references to pertinent technical standards, and procedures are given elsewhere [2].

![Figure 1](image1.png)

**Figure 1:** Construction details of the 4 basic wall/floor systems discussed in this paper. For the separating wall with single wood studs, joists were oriented (a) parallel to the wall, (b) perpendicular to the wall, and (c) perpendicular to the wall and continuous across it. Joists are perpendicular to the double stud wall in (d).

### 2 THE SEMI-EMPIRICAL APPROACH

In this approach, the power flow via each flanking path is defined by five transmission factors whose combined effect is characterized by a path transfer function specific to the type of excitation (airborne or impact) and the construction detail. In previous papers [3,4] this has been discussed extensively in the context of impact sources, as illustrated in Figure 2. The resulting vibration levels across the floor surface are illustrated in Figure 3, for one position of a standard tapping machine on the floor of construction (d) with floor joists perpendicular to the separating wall between two side-by-side rooms.

![Figure 2](image2.png)

**Figure 2:** Five factors that affect flanking transmission, with an impact source

![Figure 3](image3.png)

**Figure 3:** Variation across the floor surface of the vibration levels due to an impact source
Clearly the system is anisotropic and highly damped – the vibration field exhibits a strong gradient that is different in the directions parallel and perpendicular to the joists. In general, this vibration field is a poor approximation of a diffuse field, which limits the applicability of SEA models. A general model for such a system should account for all five factors indicated in Figure 2, for a range of source positions representative of typical use.

Essentially the same five factors apply to characterizing the propagation with an airborne source, as indicated in Figure 4. With an airborne source, the effect of source position is largely eliminated because there is fairly uniform incident sound power on the surfaces of the room, but all five factors still affect the sound power reaching the receiving room via a flanking path such as the floor-floor path illustrated in Figure 4. Changing construction details will alter one or more factors. Specific examples of the effect due to common variations in construction are presented and discussed in the next section.

![Figure 4: Five factors that affect flanking transmission, with an airborne source](image)

### 3 RESULTS AND DISCUSSION

The effect of changing just the junction attenuation (factor 3) is illustrated in Figure 5 for the floor-floor path of three constructions where the other factors are essentially constant.

![Figure 5: Sound reduction index for specific paths for constructions (b), (c) and (d) of Figure 1.](image)
Because all floors in Figure 5 have joists perpendicular to the wall and the same top surface of wood oriented strandboard (OSB), factors such as attenuation across the floor and radiation impedance for the floor-floor paths should be the same. However, the three junctions are very different; construction (c) with the joists continuous across the junction provides the strongest connection across the junction, and hence the lowest sound reduction index for the floor-floor path.

The solid black curve in Figure 5 is the sound reduction index for direct transmission through the separating wall of constructions (a) to (c); this is used as a reference curve in subsequent figures, to facilitate comparisons.

The comparison in Figure 5 is unusual, in the sense that one of the five factors can be uniquely associated with a change in construction. Usually, construction changes affect several factors. For example, the change in attenuation via floor-floor paths in Figure 6 for constructions (a) and (b) shows the combined effect of changing attenuation across the floor due to different joist orientation, and changing the junction attenuation.

Despite some uncertainty due to the change in junction details, the difference between the path attenuations with the two joist orientations is consistent with the expectation of higher attenuation with the joists parallel to the wall, due to the greater losses across the floor (factors 2 and 4). For airborne sound, the effect of changing joist orientation is much less pronounced than for impact sound, where the effect is quite large for a localized source several metres from the wall.

![Figure 6: Sound reduction index for specific paths for constructions (a) and (b) of Figure 1.](image)

Note that for the constructions (a) to (c), the floor-floor path transmits far more energy than paths involving the wall over most of the frequency range, and hence flanking dominates the transmission.

One obvious method to reduce transmission via the floor-floor path is to add a floor topping or covering. Locally reacting layers such as a carpet affect the impedance and – to a lesser extent – attenuation across the floor, but the effect is much less for an airborne source than an impact source. However, stiffer and heavier materials that react non-locally can
significantly change both radiation impedance and the attenuation across the floor. As an example, the path attenuations with a topping of 16 mm OSB are shown in Figure 7; comparing with Figure 6 shows the improvement. Heavier toppings such as a layer of concrete bonded to the subfloor, or concrete on a resilient mat, provide even more improvement for airborne sources.

Unfortunately, the change in flanking due to a topping depends not just on the topping but also on the floor system upon which it is applied. Hence a prediction model where the incremental effect of a given lining can be characterized by a single curve is not feasible – each topping must be evaluated on a representative set of floor assemblies. Further, the changes due to a topping are not the same for direct and flanking transmission.

As shown in Figure 7, adding a topping over the subfloor increases the sound reduction index for this path to the point where it transmits less than the separating wall; other toppings would provide even greater attenuation of the flanking via the floor. This increases overall apparent sound reduction, $R'_w$, and even greater improvement could be obtained by also improving the separating wall. However, when attenuation for the floor-floor path is improved, other paths become significant - two obvious paths of concern involve the ceiling and the abutting walls.

In one-level apartments, as illustrated in Figure 8, the gypsum board ceiling is normally mounted on resilient channels (to enhance airborne and impact sound insulation from the apartment above).

This also reduces flanking transmission between the side-by-side units via the ceiling-ceiling path to insignificance (as discussed in more detail below).
Transmission via floor surfaces
(Ceiling surfaces isolated)
Transmission through wall
Airborne Sound Source

Figure 8: Typical transmission paths between adjacent one-level apartment units. The walls parallel to the plane of this figure (side walls) also transmit sound, but resilient channels supporting gypsum board of the ceiling suppress transmission via ceiling-ceiling path.

Figure 9 shows the average flanking via an abutting sidewall with one layer of gypsum board fastened directly to the framing. This path transmits relatively little sound ($R_{Ff,w} = 61$ for one wall in the construction tested), but this could also limit overall performance if the separating wall and the floor were improved (and if there were two such walls, their combined $R_{Ff,w}$ would be 3 dB lower).

In row housing (where transmission between stories within a dwelling unit is not a concern) the ceiling would commonly be screwed directly to the bottom of the joists. Then the ceiling-ceiling flanking path also becomes significant, as indicated in Figure 10. The associated sound reduction index for this ceiling-ceiling path when joists are perpendicular to the separating wall is given in Figure 9.
In typical buildings, most of the room surfaces transmitting flanking sound have gypsum board surfaces – Figure 9 presents the path attenuation for two such paths, where the surface is a single layer of gypsum board attached directly to the framing. Note, however, that the flanking transmission depends on the number of layers of gypsum board and the orientation of the supporting framing, as well as on direct vs. resilient attachment to the framing.

Resilient attachment, or changing the number of layers of gypsum board, alters both radiation impedance and structural attenuation across the assembly. In general, these changes affect direct and flanking transmission differently. This has been examined experimentally for numerous specimens [2], and some typical effects have been established:

- Adding a second layer of direct-attached gypsum board typically increases direct sound transmission through gypsum board wall assemblies by 4 to 5 dB, with a broad minimum in the improvement around 1kHz. For flanking transmission, the average improvement was typically ~ 2 dB.
- For walls, the framing members (studs) are parallel to the wall/wall junction, but for ceilings the framing may be either parallel or perpendicular to the separating wall. This affects the flanking transmission; the ceiling path attenuation illustrated in Figure 9 is for the worst case; when the supporting joists of the floor above are parallel to the separating wall, less flanking via the ceiling-ceiling path is expected.
- Attaching gypsum board on resilient channels is the most effective way to change transmission. For direct transmission, the improvement is typically >15 dB at most frequencies. For flanking transmission, an improvement ~ 10 dB is more typical. However, for the sidewall and ceiling paths illustrated in Figure 9, even a 10 dB improvement makes these paths insignificant for practical purposes.
- The effect of resilient attachment is the same for source or receiving room; treating both surfaces doubles the improvement.

The estimates of flanking paths in our experimental studies were obtained by suppressing transmission via other surfaces, by masking them with a free-standing surface of gypsum board and insulation. Above ~ 400 Hz this consistently provided enough change in R’ for meaningful estimates of significant flanking paths, but at lower frequencies, the very small improvement in R’ due to the added masking surfaces limited the extraction of good
estimates. In this lower frequency range, a “tail” on the path attenuation (which decreases at 6 dB per octave below the lowest valid band) was used as a working estimate.

4 THE DESIGN GUIDE

Obviously, all paths should be considered for good design. In the Guide, tables present the combined effect of all paths for typical variants. Tables 1 and 2 show examples.

Table 1: The table gives Apparent Sound Reduction Index, \( R'_w \) for “apartment design” in the case with joists perpendicular to separating walls as shown in the drawing at right (construction (b) in Figure 1). \( R'_w \) in a given building will not exactly match the tabulated values, but trends should apply.

<table>
<thead>
<tr>
<th>Separating wall</th>
<th>Basic Wall (( R_w = 52 ))</th>
<th>Better Wall (( R_w = 57 ))</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sidewall gypsum board</td>
<td>Direct or resilient</td>
<td>Direct</td>
</tr>
<tr>
<td>No topping (basic)</td>
<td>43</td>
<td>43</td>
</tr>
<tr>
<td>19 mm OSB stapled to subfloor</td>
<td>48</td>
<td>49</td>
</tr>
<tr>
<td>25 mm gypsum concrete bonded to subfloor</td>
<td>49</td>
<td>51</td>
</tr>
<tr>
<td>38 mm gypsum concrete + resilient mat on subfloor</td>
<td>51</td>
<td>53</td>
</tr>
</tbody>
</table>

Table 2: The table gives Apparent Sound Reduction Index, \( R'_w \) for “row house design” in the case with joists perpendicular to separating walls as shown in the drawing to the right – a variant on construction (b) in Figure 1. Note the \( R'_w \) values are significantly lower than corresponding values in Table 1 due to the stronger transmission via the ceiling-ceiling path.

<table>
<thead>
<tr>
<th>Separating wall</th>
<th>Basic Wall (( R_w = 52 ))</th>
<th>Better Wall (( R_w = 57 ))</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sidewall gypsum board</td>
<td>Direct or resilient</td>
<td>Direct</td>
</tr>
<tr>
<td>No topping (basic subfloor)</td>
<td>42</td>
<td>43</td>
</tr>
<tr>
<td>19 mm OSB stapled to subfloor</td>
<td>47</td>
<td>48</td>
</tr>
<tr>
<td>25 mm gypsum concrete bonded to subfloor</td>
<td>48</td>
<td>49</td>
</tr>
<tr>
<td>38 mm gypsum concrete + resilient mat on subfloor</td>
<td>49</td>
<td>51</td>
</tr>
</tbody>
</table>

In all cases, the overall Apparent Sound Reduction Index, \( R'_w \) is lower than the \( R_w \) for the separating wall – in some cases it is much lower. By altering design details to balance transmission via specific paths a cost-effective yet satisfactory design can be chosen.
5 SUMMARY

This paper provides a rather terse overview of how experimental characterization of the direct and flanking sound transmission paths in wood-framed construction can lead to a manageable set of path transmission terms to represent the effect of specific design tradeoffs. By combining the energy transmitted via all paths it is possible to arrive at estimates of the overall apparent sound reduction, $R'_{w}$ for a range of constructions. This semi-empirical approach can provide a viable basis for design, despite the complications due to the factors inherent in each transmission path.

6 ACKNOWLEDGEMENTS

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7 REFERENCES